

CYCLES



Young Lives in Seven Cities.

UC
UNIVERSITY OF
CANTERBURY
Te Whare Wānanga o Waitaha
CHRISTCHURCH NEW ZEALAND

Christchurch
NEW ZEALAND

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The city.

Ōtautahi Christchurch is located in New Zealand's South Island and is characterised by its flat landscape, inland rivers, and surrounding hills. The city has a population of 369,000, of which 30 per cent are aged ten to twenty-four years. These young residents have experienced significant challenges during their lifetimes. Devastating earthquakes in 2010 and 2011 killed 185 people and caused major damage to homes, land, and infrastructure. Then in 2019, a mosque terror attack led to the loss of fifty-one lives. Now residents are living through a global health pandemic. Together these crises have had a major impact on the lives and wellbeing of the city's young people.



The survey.

The Christchurch CYCLES survey was carried out from April 2020 to Dec 2020. It surveyed 332 young people aged 12-24 about what it was like to live in Christchurch, their wellbeing, and their lifestyles.

The survey participants reflected diversity of difference across the city, representing a range of genders, ethnicities, and community profiles.

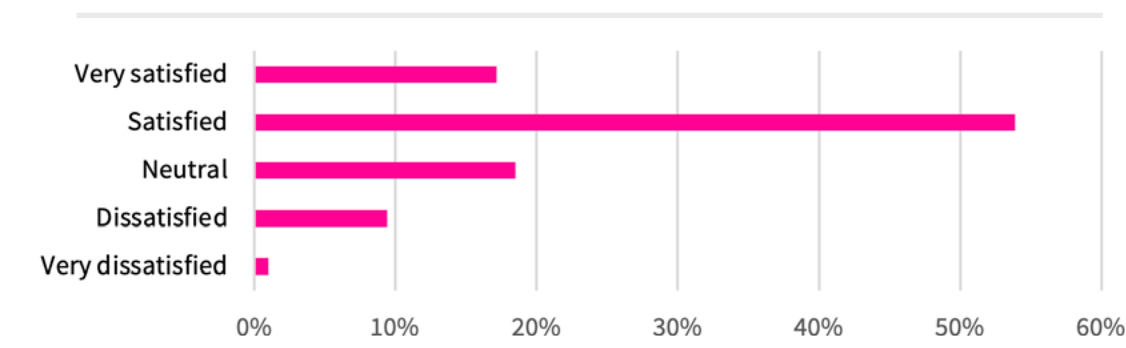
Young people were recruited for the online survey through a local university and local schools, and the survey was shared via social media and advertised at community libraries.

Young people's wellbeing in Christchurch

- Nearly 71 per cent of young people were satisfied or very satisfied with their lives.
- But 72 per cent worried about money to some extent, with about a quarter (25%) worrying often or always.

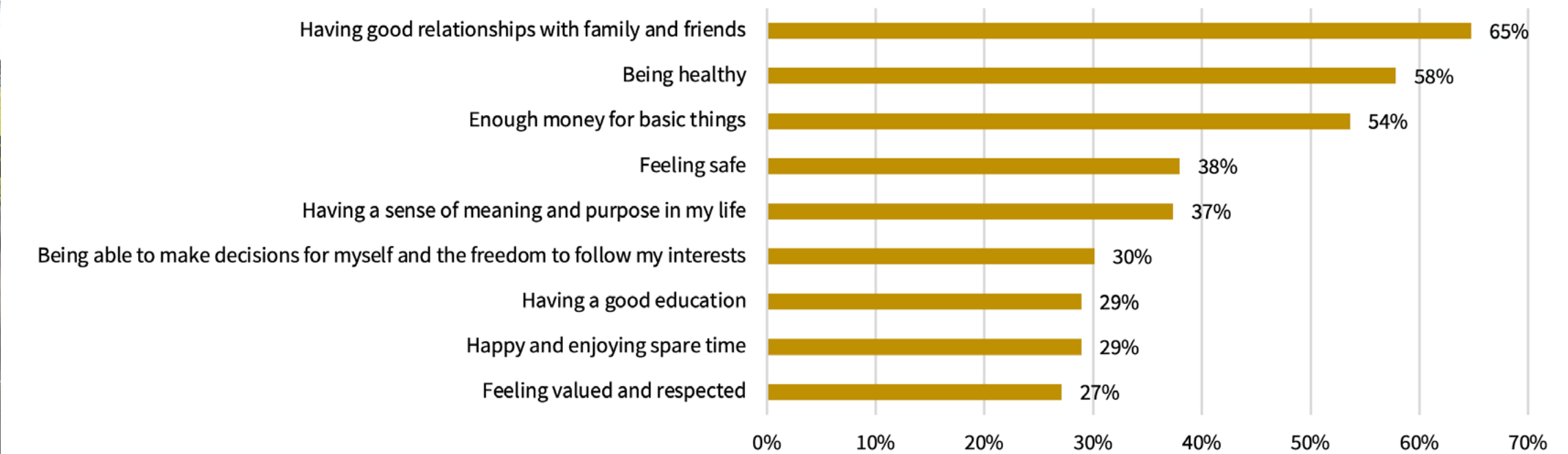
What is important for living well

Life satisfaction



- Having good relationships with significant others, being healthy, having enough money for basic needs, and feeling safe were the most important things for a good life across all age groups.
- Unfortunately, less than half of survey participants reported being satisfied or very satisfied with housing (45%) and job opportunities (42%) in the Christchurch city. 58 per cent of all survey participants reported feeling safe in the city, but the rates were lower among those identifying as female (51%) than those identifying as male (79%).
- 37 per cent of participants believed they could individually effect change in the city, while just one-third felt that together people could make a difference.
- Positive aspects of the city included green space, shops and markets and education, with about 90 per cent of participants reporting that they were satisfied or very satisfied with their access to these three amenities.

Factors important for wellbeing



*The worst things about
living in Christchurch...*



...and the best things.





Prosperity Matters

What can prosperity possibly mean in a world of environmental, social and economic limits?—We work with people, policy and business to address this question, developing pragmatic steps towards a shared and lasting prosperity.

Find out more about the CYCLES project via:
www.cusp.ac.uk/cycles

Local research team

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All of those pictured consented to their photo being taken and used.
Cover image by Daniel Trapp